

ETON
SCHOOL

Spring!

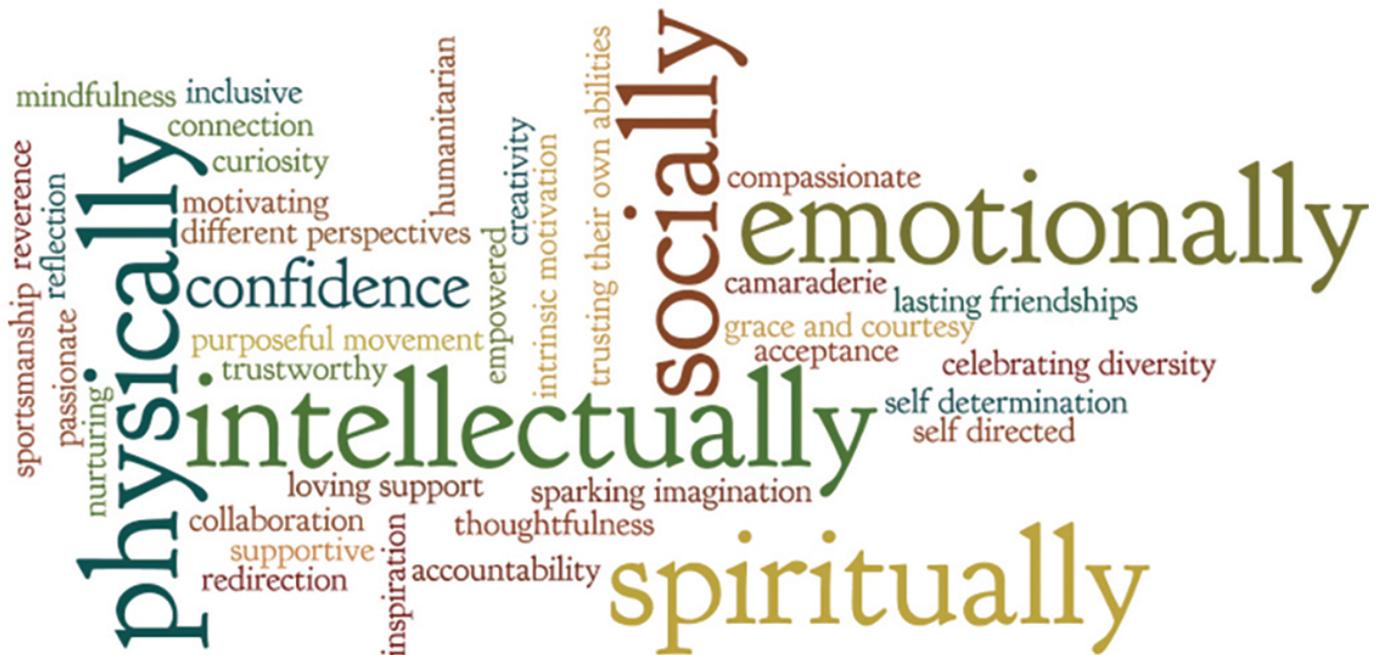
2018 Program Guide



After-School Classes

Vision

In educating the whole child, Eton School inspires creative, confident thinkers who have an enduring passion for learning and are poised to contribute to the world.



Inspired...

to learn, to relate, to create, to make a difference.

Prepared...

to question, to work collectively, to excel, to lead.

Empowered...

to think critically, to be compassionate, and to become world citizens.



After-School Spring Classes April 16, 2018 to June 8, 2018

We are kicking things in high gear as we begin our Spring After-School Classes. Past favorites like Karate, Soccer Shots, and Lego® return and we have added new classes your child will enjoy. Joining our lineup for the first time is a parkour class as well as a yoga class for students in Lower Elementary. For Upper Elementary and Middle School students, we are offering an entrepreneurship program loosely based on the format of the popular TV show, Shark Tank™. In addition, new this spring are classes that combine Kindergarten and Lower Elementary students, such as Einstein's Apprentice (offered by romp), Hip-Hop, Jedi Engineering using Lego® and Ukulele for Kids.

Spring classes are for eight weeks except Monday classes which are seven weeks, and Friday classes, which are six weeks. We invite you to go through this Guide listings of classes by grade level with a brief description. A "Spring After-School Classes At A Glance" is provided on the next page for your convenience.

Registration Policy

- Online (including payment) on a first come, first served basis via Eton School's website.
- Opens Monday, April 2 at 7:00 a.m. and closes when a class wait list is full or on April 20.
- Wait lists are created for all full classes in the order received and spots are filled in the order received.
- Upon completion of registration and payment, a confirmation email is sent to the person registering the student. If it does not arrive, please check junk mail/clutter folders.
- If registering for an open spot from the wait list, the registration must be completed within the stated time frame or else the spot is offered to the next name on the wait list.
- If an enrollment minimum is not met, a class may be canceled after the registration deadline and a refund is issued. All participants are informed of the class cancellation at the minimum of a week before the start of the class.
- No refunds are given for withdrawing from a class after April 20, 2018.

If you have any questions, please do not hesitate to contact our Auxiliary Program Coordinator, Sharon Gonzalez at (425) 881-4230 ext. 133 or SGonzalez@etonschool.org.

At-A-Glance: Spring After-School Classes

Classes Open to P3 to K

	3:15-3:30	3:30-3:45	3:45-4:00	4:00-4:15	4:15-4:30	4:30-4:45	4:45-5:00
Monday	Ballet Class I (Mezzo B) 7 Weeks			Ballet Class II (Mezzo B) 7 Weeks			
	Yoga+Mindfulness: Class I (Mezzo C) 7 Weeks			Yoga+Mindfulness: Class II (Mezzo C) 7 Weeks			
	Einstein's Apprentice (Kindergarten) (3:20-4:20 p.m Science Room)						
Tuesday	International Dance Class I (Mezzo A)			International Dance Class II (4:05-4:50 p.m. Mezzo A)			
	Ukulele for Kids (Kindergarten) (3:20-4:20 p.m. Room 3)						
	Nature Storytelling (Mezzo B)						
Wednesday	Karate (Mezzo C)						
	Cooking (Mezzo Kitchen)						
Thursday	Soccer Shots Class I (Field)			Soccer Shots Class II (Field)			
Friday	Chess for K (Mezzo A)						
	Hip-Hop Dance Class (Kindergarten) (3:20-4:20 p.m. Sport Court)						
	Jedi Engineering Using Lego® (Kindegarten) (3:20-4:50 p.m. Science Room)						

Classes Open to Grades 1 to 3

	3:20-3:30	3:30-3:45	3:45-4:00	4:00-4:15	4:15-4:30	4:30-4:45	4:45-5:00	5:00-5:15	5:15-5:30
Monday	TGA Golf @ Eton School (3:20-4:20 p.m. Sport Court) 7 Weeks								
	Einstein's Apprentice (Grade 1) (3:20-4:20 p.m. Science Room) 7 Weeks					Einstein's Apprentice (Science Room) 7 Weeks			
Tuesday	Ukulele for Kids (3:20-4:20 p.m. Room 3)								
	Parkour (3:20-4:20 p.m. Field)								
						Sewing by Made Sewing (Grades 2-3) (Science Room)			
Wednesday						Karate (Science Room)			
	Yoga (3:20-4:20 p.m. Room 6)								
Thursday	Chess (3:20-4:05 p.m. Room 1)								
Friday	Hip-Hop Dance Class (3:20-4:20 p.m. Sport Court)								
	Jedi Engineering Using Lego® (3:20-4:50 p.m. Science Room)								

Classes Open to Grades 4 to 8

	3:15-3:30	3:30-3:45	3:45-4:00	4:00-4:15	4:15-4:30	4:30-4:45	4:45-5:00	5:00-5:15
Tuesday			Sewing by Made Sewing (Grades 4-6) (Science Room)					
Wednesday					Karate (Grades 4-6) (Science Room)			
Friday		Young Sharks 101: <i>Shark Tank Meets K-12 Classrooms</i> (Grades 5-8) (Casa VI)						

Spring 2018 Program Guide

After-School Classes

April 16, 2018 through June 8, 2018

Pre-elementary Classes2

- International Dance: Class I
- Yoga+Mindfulness: Class I (7 Weeks)
- Ballet: Class I (7 Weeks)
- Ballet: Class II (7 Weeks)
- Cooking
- Soccer by Soccer Shots®: Class I
- Soccer by Soccer Shots®: Class II
- International Dance: Class II
- Karate
- Nature Storytelling
- Yoga+Mindfulness: Class II (7 Weeks)
- Chess for K (6 Weeks)

Kindergarten & Lower Elementary Classes5

- Einstein's Apprentice: A STEM Engineering Series (7 Weeks)
- Hip-Hop Dance Class (6 Weeks)
- Jedi Engineering using Lego® (6 Weeks)
- Ukulele for Kids

Lower Elementary Classes6

- Chess
- Einstein's Apprentice: A STEM Engineering Series (7 Weeks)
- Parkour
- TGA Golf @ Eton School (7 Weeks)
- Yoga

Lower/Upper Elementary & Middle School Classes7

- Karate
- Sewing by Made Sewing
- Young Sharks™ 101- Shark Tank Meets K-12 Classrooms (6 Weeks)

International Dance: Class I**Grades P3 and P4****Tuesdays (Apr. 17, 24; May 1, 8, 15, 22, 29; Jun. 5)****Cost: \$160.00****Time: 3:15–4:00 p.m.****Number of Students: 12**

Each class studies movement and dance of cultures from around the world. Students develop flexibility and grow in their own artistic ability as they create dance. Ms. Alina Spektor enjoys encouraging dancers of all levels to reach their maximum potential, and both boys and girls are welcome! At the end of each session, parents are invited to a mini-performance! This is the eighth year that Ms. Alina Spektor is offering the class at Eton School. Creative Dance, movement, music and performing have been her passion for sixteen years.

Yoga+Mindfulness: Class I (7 Weeks)**Grades P3 and P4****Mondays (Apr. 16, 23, 30; May 7, 14, 21; Jun. 4)****Cost: \$116.00****Time: 3:15–3:45 p.m.****Number of Students: 10**

This fun and exciting yoga class offers an introduction to basic breathing, yoga postures, mindfulness techniques and relaxation to support the development of strength and flexibility. Students learn the value of movement and stillness by engaging in playful activities to promote self-awareness and improved social interactions with others.

Ballet: Class I (7 Weeks)**Grades P3, P4 and K****Mondays (Apr. 16, 23, 30; May 7, 14, 21; Jun. 4)****Cost: \$105.00****Time: 3:15–3:45 p.m.****Number of Students: 12**

Ballet classes discipline the body and spirit, help one to find individual style, as well as a love and understanding of one's body movements. The young students learn to express feelings, strengthen the body, and improve their sense of grace. This class is taught by Yanina Mikhaylyuk, Founding Artistic Director of the Academy of Russian Classical Ballet in Redmond. Miss Yanina is a professional ballet instructor who graduated with a Masters from St. Petersburg Art University. She has been teaching ballet to Eton students since 2004.

Ballet: Class II (7 Weeks)**Grades P3, P4 and K****Mondays (Apr. 16, 23, 30; May 7, 14, 21; Jun. 4)****Cost: \$105.00****Time: 4:00–4:30 p.m.****Number of Students: 12**

Ballet classes discipline the body and spirit, help one to find individual style, as well as a love and understanding of one's body movements. The young students learn to express feelings, strengthen the body, and improve their sense of grace. This class is taught by Yanina Mikhaylyuk, Founding Artistic Director of the Academy of Russian Classical Ballet in Redmond. Miss Yanina is a professional ballet instructor who graduated with a Masters from St. Petersburg Art University. She has been teaching ballet to Eton students since 2004.

Cooking**Grades P3, P4 and K****Wednesdays (Apr. 18, 25; May 2, 9, 16, 23, 30; Jun. 6)****Cost: \$280.00****Time: 3:15–4:15 p.m.****Number of Students: 20**

Enroll your child in a class that teaches valuable life skills, such as basic cooking skills, table manners, making healthy choices, and how to have fun in the kitchen! Students love creating their own meals, and at the end of the class, they participate in a "Cook-Off." Parents are invited to see the incredible progress their child has made.

Soccer by Soccer Shots®: Class I

Grades P3, P4 and K

Thursdays (Apr. 19, 26; May 3, 10, 17, 24, 31; Jun. 7)

Cost: \$130.00

Time: 3:15–3:45 p.m.

Number of Students: 20

Soccer Shots is an engaging soccer program with a focus on character development. The caring team positively impacts the lives of students on and off the field through best-in-class coaching, communication and curriculum. The coaches are well trained and the expert-approved curriculum is age appropriate and aligns with childhood education standards. In addition, coaches provide an exceptional customer experience and ongoing communication with parents.

Soccer by Soccer Shots®: Class II

Grades P3, P4 and K

Thursdays (Apr. 19, 26; May 3, 10, 17, 24, 31; Jun. 7)

Cost: \$130.00

Time: 4:00–4:30 p.m.

Number of Students: 20

Soccer Shots is an engaging soccer program with a focus on character development. The caring team positively impacts the lives of students on and off the field through best-in-class coaching, communication and curriculum. The coaches are well trained and the expert-approved curriculum is age appropriate and aligns with childhood education standards. In addition, coaches provide an exceptional customer experience and ongoing communication with parents.

International Dance: Class II

Grades P4 and K

Tuesdays (Apr. 17, 24; May 1, 8, 15, 22, 29; Jun. 5)

Cost: \$160.00

Time: 4:05–4:50 p.m.

Number of Students: 12

Each class studies movement and dance of cultures from around the world. Students develop flexibility and grow in their own artistic ability as they create dance. Ms. Alina Spektor enjoys encouraging dancers of all levels to reach their maximum potential, and both boys and girls are welcome! At the end of each session, parents are invited to a mini-performance! This is the eighth year that Ms. Alina Spektor is offering the class at Eton School. Creative Dance, movement, music and performing have been her passion for sixteen years.

Karate

Grades P4 and K

Wednesdays (Apr. 18, 25; May 2, 9, 16, 23, 30; Jun. 6)

Cost: Returning Students \$225.00 (includes \$45.00 belt test fee)

Time: 3:15–4:00 p.m.

New Students \$225.00 (includes \$45.00 belt test fee) plus
an additional \$65.00 uniform/registration fee (\$290.00 total)

Number of Students: 20

Join Karate-X for an awesome class that is disciplined, challenging and fun! Students learn and practice Karate skills with punching bags, breaking boards, blocking drills, kicking targets and more! For 17 years, Karate-X has been teaching in the Puget Sound area with a Martial Arts program specifically designed for preschool and elementary students. The professional instructor knows how to challenge and motivate students while building self-confidence and discipline. Belt rank testing is held at the end of each session, giving students goals to aim for and recognition of their accomplishments. For beginners who have never tried Karate, to athletes of any sport, Karate-X challenges and grows both bodies and minds!



Nature Storytelling

Grades P4 and K

Tuesdays (Apr. 17, 24; May 1, 8, 15, 22, 29; Jun. 5)

Cost: \$150.00

Time: 3:15–4:00 p.m.

Number of Students: 12

This is a storytelling and science class that allows students to explore their natural world. Each week focuses on a different plant or animal from the Northwest. The class begins with a song and then a spoken story, usually from a Native American nation. Then two or three books, both fiction and nonfiction are read aloud. Short science lessons about the plant or animal being studied that week are presented between stories. Through storytelling, music, movement, and science, students learn to connect with and understand our Northwest plants and animals, which often live in our own backyards. At the end of each class, students receive a fact sheet from the lesson to take home, so that they can share what they have learned with their family.

Yoga+Mindfulness: Class II (7 Weeks)

Grades P4 and K

Mondays (Apr. 16, 23, 30; May 7, 14, 21; Jun. 4)

Cost: \$135.00

Time: 3:50–4:35 p.m.

Number of Students: 10

This fun and exciting yoga class offers an introduction to basic breathing, yoga postures, mindfulness techniques and relaxation to support the development of strength and flexibility. Students learn the value of movement and stillness by engaging in playful activities to promote self-awareness and improved social interactions with others.

Chess for K (6 Weeks)

Grade K

Fridays (Apr. 20, 27; May 11, 18; Jun. 1, 8)

Cost: \$150.00

Time: 3:15–4:00 p.m.

Number of Students: 16

In this class, students learn the basics of the game of chess. They start with how every piece moves and the goal of the game. In every lesson, students receive puzzles to help them learn the piece. There is plenty of practice with the coach as well as peers.



Einstein’s Apprentice: A STEM Engineering Series (7 Weeks)

Grades K and 1

Mondays (Apr. 16, 23, 30; May 7, 14, 21; Jun. 4)

Cost: \$300.00

Time: 3:20–4:20 p.m.

Number of Students: 10

Create. Make. Design. Brought to you by *romp*, a modern playspace in Bellevue, Einstein’s Apprentice is STEM-focused program where students are presented with fun, hands-on challenges that encourage creative problem solving, teamwork, collaboration, and innovation. The top priority is to inspire future innovators and build their confidence in the natural ability to dream and create. All materials to create, make, and design are included.

Hip-Hop Dance Class (6 Weeks)

Grades K, 1, 2 and 3

Fridays (Apr. 20, 27; May 11, 18; Jun. 1, 8)

Cost: \$152.00

Time: 3:20–4:20 p.m.

Number of Students: 20

Dance uplifts, unites, and empowers children. It also provides children with an opportunity to express their individuality while working on gross motor skills and developing cognitive and social skills. Hip Hop is the perfect class for children who want to dance, stay active, and learn how to freestyle! Musicality, rhythm, and creative movement are key components of this fun, urban/street-style dance class that teaches boys and girls alike to step, stomp, and shake it out.

Jedi Engineering Using Lego® (6 Weeks)

Grades K, 1, 2, and 3

Fridays (Apr. 20, 27; May 11, 18; Jun. 1, 8)

Cost: \$127.50

Time: 3:20–4:50 p.m.

Number of Students: 15

The Force Awakens in this introductory engineering course for young Jedi! Students explore engineering principles by designing and building projects using LEGO® materials such as X-Wings, R2 Units, Energy Catapults, Defense Turrets, and Settlements from a galaxy far, far away. They also create motorized and architectural projects with imagination and engineering to defeat the Empire!

Ukulele for Kids

Grades K, 1, 2 and 3

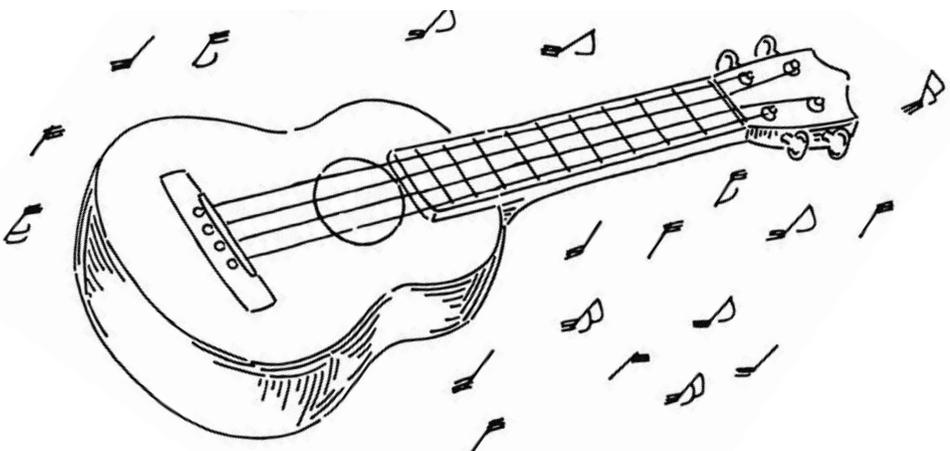
Tuesdays (Apr. 17, 24; May 1, 8, 15, 22, 29; Jun. 5)

Cost: \$202.00

Time: 3:20–4:20 p.m.

Number of Students: 15

The ukulele is an excellent instrument to learn how to play music. It’s relatively simple to learn, easy to tote around, inexpensive, super fun, and timelessly popular! In this ensemble, we jump right into the fun and learn how to play music on the ukulele. By the end of the course, students know a few chord positions, be able to play a couple of songs on the ukulele, and be able to sing along. The instructors bring a classroom set of ukuleles with them to every class and they highly recommend that students also have a ukulele at home to practice.



Chess

Grades 1, 2 and 3

Thursdays (Apr. 19, 26; May 3, 10, 17, 23, 30; Jun. 7)

Cost: \$200.00

Time: 3:20–4:05 p.m.

Number of Students: 16

In this class, students learn tactical chess ideas like pins, forks, and discoveries. Students work on puzzles learning how to checkmate the opponent in one or two moves and work on tactics. Students watch and learn from short master and grandmaster games. There is a lot of chess-playing time too.

Einstein's Apprentice: A STEM Engineering Series (7 Weeks)

Grades 1, 2 and 3

Mondays (Apr. 16, 23, 30; May 7, 14, 21; Jun. 4)

Cost: \$300.00

Time: 4:30–5:30 p.m.

Number of Students: 8

Create. Make. Design. Brought to you by *romp*, a modern playspace in Bellevue, Einstein's Apprentice is STEM-focused program where students are presented with fun, hands-on challenges that encourage creative problem solving, teamwork, collaboration, and innovation. The top priority is to inspire future innovators and build their confidence in the natural ability to dream and create. All materials to create, make, and design are included.

Parkour

Grades 1, 2 and 3

Tuesdays (Apr. 17, 24; May 1, 8, 15, 22, 29; Jun. 5)

Cost: \$250.00

Time: 3:20–4:20 p.m.

Number of Students: 12

Parkour and the Art of Movement is the ability to move fluidly through the environment from one place to another. In this class, students safely learn to progress through the basic parkour movements of jumping, vaulting, climbing, swinging, balancing, and rolling. The movements build strength, balance, and coordination. Students acquire the ability to engage with the environment while overcoming obstacles, both physically and mentally. Practicing parkour skills fosters creativity and boosts confidence. Accomplishing challenges that seemed impossible at one point gives students the confidence to achieve whatever they set their minds to.

TGA Golf @ Eton School (7 Weeks)

Grades 1, 2 and 3

Mondays (Apr. 16, 23, 30; May 7, 14, 21; Jun. 4)

Cost: \$175.00

Time: 3:20–4:20 p.m.

Number of Students: 10

TGA brings the golf course to Eton School making it convenient and affordable to learn and play in a fun and safe environment. Child-friendly instructors help students develop golf skills and knowledge, while using the sport to teach valuable life lessons like honesty and sportsmanship. Every TGA Golf Class features:

- Group and individual instruction
- Physical activity and stretching
- Rules and etiquette lessons
- Applying math, science and other educational concepts
- Life lessons including sportsmanship and teamwork

All equipment provided.

Yoga

Grades 1, 2 and 3

Wednesdays (Apr. 18, 25; May 2, 9, 16, 23, 30; Jun. 6)

Cost: \$200.00

Time: 3:20–4:20 p.m.

Number of Students: 12

Through animated poses and stretching exercises, students will improve their strength, flexibility, coordination and body awareness. Breathing and visualization techniques will encourage kids to focus, relax, and develop self-control. All intertwined with yoga games, partner and group poses, and stories. Students should wear comfortable clothes. Mats will be provided. This Yoga class is taught by registered Yoga teacher, Theresa Howling.

Karate

Grades 1, 2, 3, 4, 5 and 6

Wednesdays (Apr. 18, 25; May 2, 9, 16, 23, 30; Jun. 6)

Time: 4:15–5:00 p.m.

Cost: Returning Students \$225.00 (includes \$45.00 belt test fee)

New Students \$225.00 (includes \$45.00 belt test fee) plus
an additional \$65.00 uniform/registration fee (\$290.00 total)

Number of Students: 20

Join Karate-X for an awesome class that is disciplined, challenging and fun! Students learn and practice Karate skills with punching bags, breaking boards, blocking drills, kicking targets and more! For 17 years, Karate-X has been teaching in the Puget Sound area with a Martial Arts program specifically designed for preschool and elementary students. The professional instructor knows how to challenge and motivate students while building self-confidence and discipline. Belt rank testing is held at the end of each session, giving students goals to aim for and recognition of their accomplishments. For beginners who have never tried Karate, to athletes of any sport, Karate-X challenges and grows both bodies and minds!

Sewing by Made Sewing

Grades 2, 3, 4, 5 and 6

Tuesdays (Apr. 17, 24; May 1, 8, 15, 22, 29; Jun. 5)

Time: 3:45–5:15 p.m.

Cost: \$180.00

Number of Students: 12

Jump into the exciting world of sewing! In this class students use both their hands and handy machines to make oodles of fun projects that may include emojis, pajamas, aprons, messenger bags, zipper totes, infinity scarves, monsters and more. On the first day of class, the instructor surveys the young sewists to come up with projects that are both fun and challenging for their experience level and interest. No experience necessary and all supplies as well as fun are provided.

Young Sharks™ 101- Shark Tank Meets K–12 Classrooms (6 Weeks)

Grades 5, 6, 7 and 8

Fridays (Apr. 20, 27; May 11, 18; Jun. 1, 8)

Time: 3:30–5:15 p.m.

Cost: \$349.00

Number of Students: 20

Young Sharks™ by KuriousMinds is a one of a kind, life-changing project based experiential entrepreneurship program. Students have a remarkable opportunity to develop skills they need to create a new product, a service or a business that makes a positive impact in their own community. It ignites creativity, challenges conventional thinking, promotes collaboration, self-confidence, and leadership. This program is taught by a Microsoft business executive turned education coach, startup co-founder, author and a mother of two children. For additional details, visit: <https://www.kuriousminds.com/youngsharks/>
Students need to bring a personal computer to do research.



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